



THE JOURNAL

OLDER, WISER, BETTER

Josh Bridges, Neal Maddox,
Kyle Kleinschmidt and
Becca Voigt do not go gently.

BY DANIEL A. ANDERSON



Kyle Kleinschmidt





Voigt's
YARD
ITK 2014

TRAINING YARD
EST. CROSSFIT 2014

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Josh Bridges



Rebecca Voigt





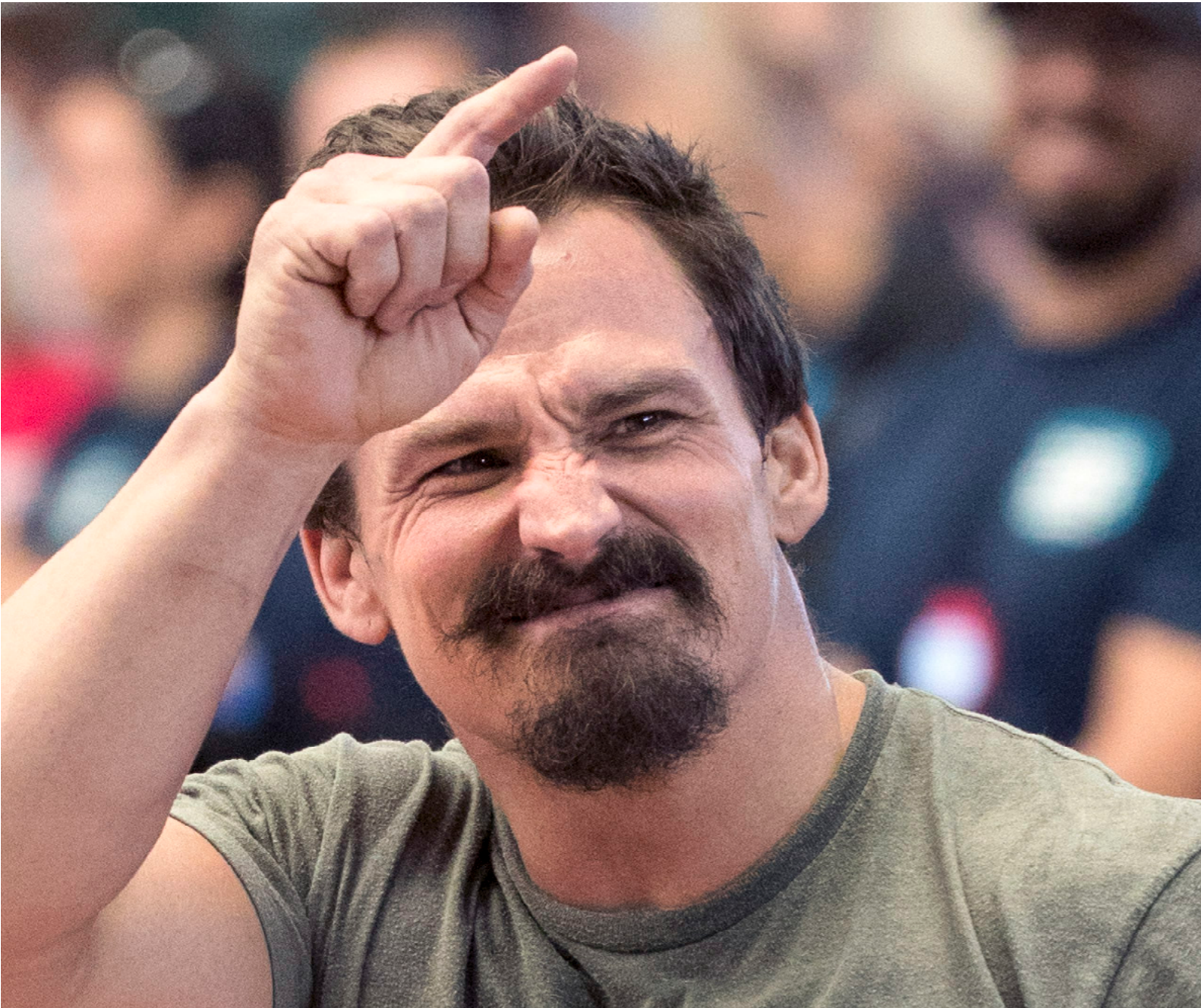














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