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Teenage, Masters Champions Crowned at CrossFit Games

Carson, California, July 23, 2015—Competition ended for the oldest and youngest athletes at the CrossFit Games as 14 champions stood atop the podium after three days of competition. Masters athletes received US\$10,000 for first, \$5,000 for second and \$3,000 for third.

Ranging from 14 to 65, 40 Teenage athletes and 200 Masters athletes qualified to compete at the StubHub Center. The CrossFit Games featured an official competition for teens for the first time in 2015, and top athletes claimed spots in the Games' four Teenage divisions through the Open held earlier in the year. Masters athletes in 10 divisions went through the Open and Masters Qualifier to get to the Games.

Individual and Team athletes did not compete today. They're back in action Friday to Sunday, with a winner's prize of \$275,000 up for grabs in two Individual divisions.

CrossFit affiliates around the world take pride in modifying workouts to provide fitness to clients of all ages and skill levels, and that tradition was in evidence over the last days. Throughout the competition, Masters and Teenage athletes performed the same workouts, with slight changes to loads, repetitions and movements in some divisions.

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The younger divisions took the field first throughout the competition, and the Teenage athletes often offered strategy and advice to their elders who followed.

CrossFit Games Teenage and Masters Champions

Teenage Boys 14-15: Angelo Diccico (USA)
Teenage Girls 14-15: Sydney Sullivan (USA)
Teenage Boys 16-17: Nicholas Paladino (USA)
Teenage Boys 16-17: Isabella Vallejo (Australia)
Masters Men 40-44: Shawn Ramirez (USA)
Masters Women 40-44: Janet Black (USA)
Masters Men 45-49: Matthew Swift (Australia)
Masters Women 45-49: Kylie Massi (Australia)
Masters Men 50-54: Joe Ames (USA)
Masters Women 50-54: Cindy Kelley (USA)
Masters Men 55-59: Will Powell (USA)
Masters Women 55-59: Susan Clarke (Canada)
Masters Men 60-plus: Steve Pollini (USA)
Masters Women 60-plus: Rosalie Glenn (USA)

For complete results, visit <http://games.crossfit.com/leaderboard>.

About CrossFit

CrossFit Inc. is the developer and provider of the CrossFit® Fitness Program and a recognized worldwide leader in functional fitness. Founded by Greg Glassman and built on the foundations of constantly varied, high-intensity functional movements, education and collaborative competition, CrossFit-brand workouts develop strength and fitness while cultivating community and camaraderie in each of the more than 12,000 affiliated gyms in CrossFit's global network. CrossFit Inc. is a leading accredited certificate issuer for physical-training professionals worldwide and offers specialty certificate programs in addition to its core curriculum. CrossFit Inc. publishes the CrossFit Journal, promotes physical and cognitive health and fitness through the CrossFit Kids Foundation, and created and operates the CrossFit Games, an annual competition where elite athletes compete to be named the Fittest on Earth™. To learn more, visit www.CrossFit.com, Games.CrossFit.com, Facebook.com/CrossFit or <http://www.youtube.com/CrossFitHQ>.

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