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Froning, Leblanc-Bazinet Triumph at CrossFit Games

Carson, California, July 27, 2014—Despite a rocky start to the competition, Rich Froning stands atop the CrossFit Games podium for the fourth time. No one else has ever repeated as champion, and Froning solidified his legacy by winning all three events on the final day of competition.

Froning, who has said he will not compete as an individual next year, looked shaky early in the competition but turned things around quickly to win by 50 points. Mathew Fraser was second, and Jason Khalipa was third. All hail from the U.S.

“It’s been sweeter and sweeter each time,” he said after the event.

Canadian Camille Leblanc-Bazinet took a 75-point lead into the final day, and she finished on top, beating 2011 and 2012 champion Annie Thorisdottir by 40 points. She is the first Canadian to win the women’s competition, and she and “Iceland Annie” were joined on the podium by Julie Foucher.

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CrossFit Invictus finished first in the team competition earlier in the day. The San Diego squad entered the final event in second place and used a third-place finish in the Worm Bob Final to seal the deal.

The 2014 Reebok CrossFit Games champions are as follows:

Men: Rich Froning (U.S.A.)
Women: Camille Leblanc-Bazin (Canada)
Team: CrossFit Invictus (U.S.A.)
Masters Men 40-44: Shawn Ramirez (U.S.A.)
Masters Women 40-44: Amanda Allen (Australia)
Masters Men 45-49: Jerry Hill (U.S.A.)
Masters Women 45-49: Kim Holway (U.S.A.)
Masters Men 50-54: Will Powell (U.S.A.)
Masters Women 50-54: Mary Beth Litsheim (U.S.A.)
Masters Men 55-59: Steve Hamming (U.S.A.)
Masters Women 55-59: Susan Clarke (Canada)
Masters Men 60-plus: Scott Olson (U.S.A.)
Masters Women 60-plus: Karen Wattier (U.S.A.)

For complete results, visit <http://games.crossfit.com/leaderboard>.

About CrossFit

CrossFit Inc. is the developer and provider of the CrossFit® Fitness Program and a recognized worldwide leader in functional fitness. Founded by Greg Glassman and built on the foundations of constantly varied, high-intensity functional movements, education and collaborative competition, CrossFit-brand workouts develop strength and fitness while cultivating community and camaraderie in each of the more than 10,000 affiliated gyms in its global network. CrossFit Inc. is a leading accredited certificate issuer for physical-training professionals worldwide and offers specialty certificate programs in addition to its core curriculum. CrossFit Inc. publishes the CrossFit Journal, promotes physical and cognitive health and fitness through the CrossFit Kids Foundation, and created and operates the CrossFit Games, an annual competition where elite athletes compete to be named the Fittest on Earth™. To learn more, visit www.CrossFit.com, Games.CrossFit.com, Facebook.com/CrossFit or <http://www.youtube.com/CrossFitHQ>.

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